

Clinical Vignette

Dear Family,

We would like to introduce you to our Family Health Promotion Plan. The purpose of this plan is to help you and the team to recognize your family's needs, plans, goals, and to promote healthful change. Please note that the form is divided into four areas: The Child, the Family, the School, and the Community. We have found that a combination of one or two selections from each area is needed to really achieve a desirable outcome where "the sum is more than the parts". A change in one area often indirectly changes things for the better in other areas. With this in mind, we ask you to look over this form and add your ideas to what is written and bring it the next time we meet.

During your next visit, we'll be using this form as an outline for working together. Don't worry if you are not sure what we mean by some of the items. For now, just use the form to jog your memory about what you would like to see tried in the family. Together we will fill in the What, When, How and Where in the blank space below each level.

This Family Health Plan will become a part of the report that you can share with other helpers working with you. We appreciate the strengths your family has to offer and the time you are sharing in this effort. We are confident that, with your help, the plan will be meaningful for your child's personal growth.

Sincerely working together,

Your team