

FAMILY COMMUNITY SUPPORT for LOCAL SYSTEMS of CARE

What ABLE-differently offers:

- ◆ Phone Consultation with families to identify resources and problem solve using online self help*
- ◆ Collaboration with families, teachers, health and mental health providers to help navigate disability services
- ◆ A focus on improving everyday functional behaviors
- ◆ An award winning website
- ◆ Encouragement for parents in team building with community partnerships
- ◆ Support for children and youth in transition
- ◆ Education, technical support and outreach to community in providing positive mental health
- ◆ Online developmental and emotional behavioral screening tools for parents and professionals
- ◆ Support strengths, interests using storytelling, play and activities



Additional Resources: Help for Parents

www.childrensdisabilities.info

www.utahparentcenter.org

www.allieswithfamilies.org

www.utahafterschool.org

Health

www.medicalhomeportal.org

www.health.utah.gov/cshcn

Resources and Services

www.accessut.org

www.informationandreferral.org

Disabilities

www.nichcy.org

Education

www.usoe.k12.ut.us

www.eric.ed.gov

Mental Health

www.vmh.com

www.slcosubstanceabuse.org

www.nami.org

www.questforwhatsbest.info

Contact by phone /e-mail

801-520-7376 louis.allen49@gmail.com

PO Box 9757, Salt Lake City, Utah, 84109

*These free phone consultation services are offered to parents by Able-differently to support healthy Utah families.

****Community Volunteering**

**ABLE-differently can use your precious volunteer time and skills in helping to raise funds, being a family contact person, or creating website development. Contact us.

**ABLE-
differently**
A Non-Profit Charity for
Families of Special
Needs Children
Promoting Resources
and Adaptive Tools for
Social Emotional
Wellbeing

building **Adaptable
Behaviors**
from
Lived Experience



A non-profit community service
<http://www.able-differently.org>

Community self help for families of Special Needs Children

ABLE-differently is a third generation ABLE offspring from Children with Special Health Care Needs of the [Utah State Health Department](#), continuing its vision in a different way to innovate and broker further family resources as a non-profit community program.

As differently-abled, it values diversity and holds high respect for families regardless of culture and ethnic life-ways. It supports [parent involvement](#) in solving problems in a self-help model. It serves young preschool and school-age children in different ways, including re-



source support, problem solving, solution finding, and in building partnerships where a caring group can offer multiple views, and search for solutions when it

was not known what to do for certain children who have not had success with typical forms of intervention. The family inspired team's motto is "Working together, we can do anything."

- The vision of the program is building positive and integrated, mental health scaffolding offering social, emotional and behavioral consultation among neighborhood schools, medical homes and other natural community environments, all working together.
- Then by using the quality and purposeful experiences the child has already lived through stories, a sense of agency and responsibility will then be built in the child enacting even new stories.

Enriched Storytelling Activity

A child's recreation or talent building experience has many components:

- ♦ Leisured and connected supervision with another caring adult away from the child's home.
- ♦ Such skill acquisition as learning to understand the rules of interaction and friendship building.
- ♦ Healthy benefits to the body and brain.

Through the website is promoted expressive and creative storytelling, drawing or writing, movement, music, and drama. Around this re-creative flow experience, it expands and enriches with a caring adult or peer relationship to develop new learning and further developmental levels in the child's brain and mind.

- ♦ Learning to cope with stress by recalling and reframing memorable stories from child-family.
- ♦ Expanding a positive self identity and claiming a stronger voice with such new thoughts as "I can do this, or I am a goal maker."
- ♦ With healthy attachment, your child, using his curiosity, will venture out to explore with a caring relationship working toward mastery over a new skill. He can then return home to tell his story.

For example, a coach or teacher takes a photo or offers a written anecdote with a storyline already formed which in turn is taken home and further co-developed by the child and parent and can then be entered into a scrapbook to highlight the memory of the experience to be enjoyed indefinitely.

FORMING OPTIMAL EXPERIENCES USING NATURAL ENVIRONMENTS

- ♦ **If interested in these ideas, talk to your child about his/her dreams of what she or he may want to do. Look at the website, visit nearby facilities near you and sense if there is a match between your child and the program offerings, know and feel its trust and comfort and query whether the teacher-coach can join and take an increased interest in doing a little more for your child in beginning the narrative process. Is this where you want your**



- child to be? Review costs and demands on your time and consider options to meet these requirements. Who from the community, extended family, place of worship, friends can contribute? Ask about a sliding fee schedule or scholarship availability?**
- ♦ **Requirements for applying to match your funds with ours to support this activity: information from vendor, pre and post packet of checklists, ratings, photos, formal application, and the child-parent story.**
- ♦ **If you are interested and qualify in applying for partial funding, please complete the application for services downloaded from the able-differently website under Contact Us and attach to email to our program address or PO Box in the brochure.**

**** Donations Welcome ****

- ♦ We ask you and other community members, programs and grant sources to help with funding to support your child receiving this little gift. **We thank you for any size contribution** to help manage this informative website as well as for providing a potentially life-changing experience to energize agency and personal power to make the story come true. **Please send a check today to the printed brochure address.**